

Seminar for Caregivers' 2006



Keynote address by
Prof. Dato' Sayed
A. Rahman

Since inception, one of the society's main agenda is to educate the public on caring for the sick at home. This year, a one-day seminar in Mandarin was held at the Impiana Casuarina Hotel, Ipoh, on 10th September entitled "Belaian Kasih Asas Kebahagiaan Keluarga". This event is sponsored by Yayasan Kebajikan Negara Malaysia. The objective of the seminar is two-fold. Firstly, is to provide general information on caring for the sick and secondly, to teach the practical aspects of caring for patients at the advanced stage of their disease.

As a prelude to this seminar, an exhibition cum promotional event was held at the atrium of the Ipoh Parade Shopping Centre on the 2nd of

September. Many of our "patchwork gang" volunteers and committee members were out in full force to assist at the booth. It was heartening to see the camaraderie of all who were determined to either disseminate information on the society's services or seal a good deal on one of the many patchwork gang's handicraft work on charity sale.

The seminar itself was well attended with approximately 350 participants and volunteers. The morning's event started off with a keynote address by Prof. Dato' Sayed A. Rahman bin Sayed Mohd who highlighted the social welfare department's latest plans and schemes. It was a speech

spoken from the heart and we thank him and his department for their generous sponsorship,

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Ms Tan Wai Choo, Physiotherapist
from Ipoh Hospital



Handicraft work on
charity sale

Ms Chong Phaik Kee (Pengarah Jabatan Kebajikan
Masyarakat Negeri Perak) and En. Abdul Samat

Mr Edward Poon's practical session
on physical care of the patient

ROYAL PATRON:

Duli Yang Teramat Mulia Raja Muda Perak Darul Ridzuan, Raja Dr Nazrin Shah Ibtin Sultan Azlan Muhibuddin Shah
DK, DK II (Selangor), DKSA, SPCM, SPTS, SPMP (Perlis), PhD (Harvard)

HONORARY ADVISOR: Dr Rosalie Shaw PSM, MBBS Hons (Monash), FRACMA, FACHPM, BA (Melbourne), BEd (Melbourne), RN, RM

MAIN COMMITTEE 2006-2008

Dr Koh Wai Keat PMP (President) | Datin Suraini Kamarulzaman PCM (Vice-President/Fund Raising & Appeals Chair)

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Amarjit Kaur AMP (Volunteer Co-Ordinator) | K H Lee | Dr Kuan Swee Hock | Judy Chua PJK | Tony Cheah Tat Hoong PJK

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which made the event possible.

This was followed by speeches from our three guest speakers: Dr Koh Wai Keat, Consultant Physician and Geriatrician from Fatimah Hospital, Ipoh; Dr Kok Jaan Yang, Palliative Care Doctor and Mr Edward Poon, Nursing Director, the latter duo are from the Dover Park Hospice in Singapore. The afternoon's session was both animated and engaging. Mr Edward Poon's practical session on physical care of the patient drew much laughter and applause from the audience. And our dear volunteer "Annie", a mannequin, gamely surrendered herself in the good hands of Edward, much to the amusement of the audience. The society also invited Ms Tan Wai Choo, Physiotherapist from Hospital Ipoh to demonstrate some exercises and useful tips on mobility for the physically challenged patients. The last session was conducted by Ms Chloe Lee, Stoma Care Nurse from ConvaTec, which left a strong impression on the difficulties faced by stoma care patients in their

daily lives.

We would like to salute the participants for sacrificing their precious Sunday for an educational experience which will serve them well in the years to come and sincere thanks to everyone who had helped in one way or another to make this seminar possible. As I write this, the society is planning for another seminar on the 11th March 2007, along the same theme but conducted in English. We are expecting two eminent speakers for this event namely Dr Amy Chow, Assistant Professor, Hong Kong University and Dr Rosalie Shaw, Executive Director, Department of Palliative Medicine, National Cancer Centre in Singapore. A concurrent afternoon workshop in Cantonese on bereavement will be held. We look forward to another fulfilling year ahead and the continued support of all our generous supporters.

LIN HUI YI

Living, Giving And Caring

A Community Awareness Project
by Perak Palliative Care Society

REGISTRATION:

Perak Palliative Care Society
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Canning Garden, 31400 Ipoh,
Perak Darul Ridzuan.
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Email : ppcs95@tm.net.my
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SEMINAR OBJECTIVE:

The Perak Palliative Care Society (PPCS), through its home care programme, has been in service to the terminally ill for 10 years. From our experience, care givers and family members play a vital role in maintaining quality of life of patients, through a close working relationship with health care professionals. Care givers and family members need to be informed, educated and empowered to care for their loved ones. This seminar is planned for people in the community who wish to understand what palliative care is and practical challenges facing the family and patient.

Sunday
11 March 2007

at Syuen Hotel, Ipoh • 8.00 a.m. – 5.30 p.m.



	Speaker	Programme
1.	Dr Rosalie Shaw, Palliative Care Consultant & Executive Director of the Asia Pacific Hospice/ Palliative Care Network (APHN)	Living with a Progressive Disease with No Hope of Cure
2.	Assistant Prof. Dr Amy Chow, University of Hong Kong	Coping with Dying, Death, Grief and Bereavement
3.	Ms Dee Sidhu, Dietitian	Answering Your Questions on Nutrition
4.	Dr Boon Chai Peng, Perak Palliative Care Society (Honorary Medical Director)	Empowering Family Members in Care-giving
5.	Palliative Care Nurse, Perak Palliative Care Society	Physical & Nursing Care
6.	Ms Tan Wai Choo, Physiotherapist, Hospital Ipoh	Exercise & Mobility
7.	Stoma Care Consultant, ConvaTec	Stoma Care

We Have Moved!!!

PPCS has moved house – literally!

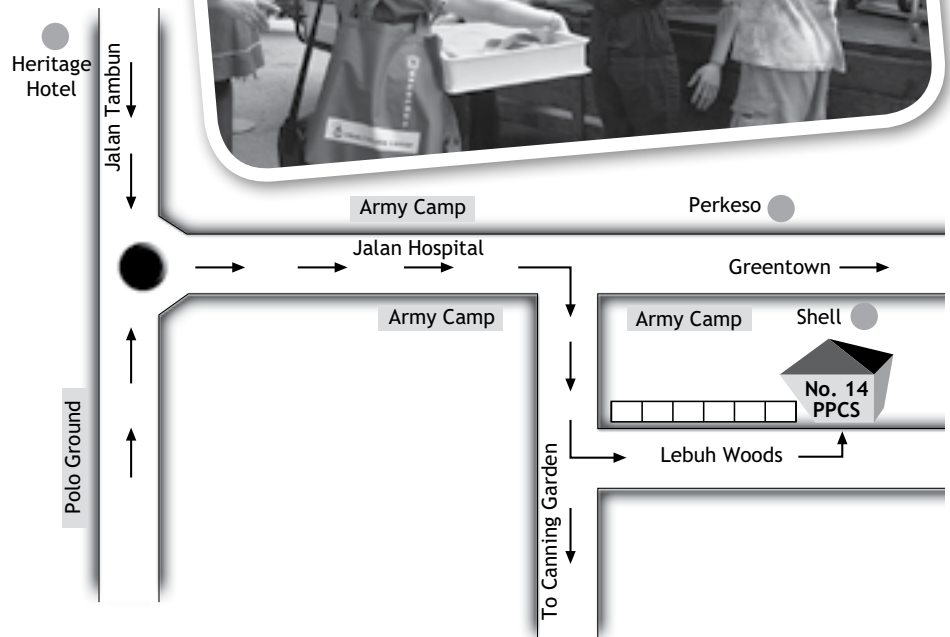
After three years, PPCS waved goodbye to Number 1 Jalan Lasam and relocated to Number 14 Lebu Woods. In those five years, Number 1 Jalan Lasam was home to not only PPCS but also the Perak Society of Performing Arts as well as Perak Academy. It was a poignant move as many friends and alliances were made amongst the three societies while under one roof.

The move to Number 14 Lebu Woods began on the 30th of September 2006, when friends, volunteers, staff and members worked together to make the move a smooth one. With a lot of hard work and finally, relief, PPCS settled into its new home.

PPCS would like to extend a big thank you to Dato' Chin Pek Soo's family for offering the use of Number 14 Lebu Woods so that PPCS may continue to serve the local community as we have done over the last 10 years.

Last but not least, PPCS would also like to extend a heartfelt thank you to Dato' Lim Keng Kay for putting a roof over our heads over the past 3 years (2003-2006).

GUDDI ROY



Home Care Nursing with a Difference

Would I be suitable for the Team?

If you are seeking a nursing role which will allow you to serve patients in their homes at a time when professional and sensitive care is of the utmost priority, then this service could be for you! Although terminal care has its own particular stresses, it too has immense rewards in terms of providing the opportunity to help patients and their families when they most need it. It also allows the nurse to grow as a person and to be a community pioneer, working with a Society which is breaking new grounds in home care.

Our Nursing Team is a key support to advanced cancer patients visiting them in their homes, administering pain and symptom-relieving drugs, assisting with basic forms of nursing care and giving support to their loved ones at critical times in an advanced disease. As such, it is very special nursing which, whilst heavy at times, provides immense reward and professional satisfaction for the nurse who seeks a special calling to assist such patients and their families.

APPLY NOW for an informal interview!

Remuneration and Benefits Summary

- Competitive salary scales
- Commencing salaries take into account experience and qualifications
- PPCS provides vehicles for home visits
- Flexible working hours and buy back time arrangements to assist your family commitments
- Minimal on-call with allowances
- Annual developmental training
- Working in a small team with individual allocation of patients
- Personal handphones
- Annual bonus
- EPF and SOCSO coverage
- Personal Accident and Hospitalisation benefits
- Incremental leave allowances



DONATIONS received during *October-December*

OCTOBER 2006

Names	RM
Tan Teik Lai	100.00
Sim Min	200.00
Low Hooi Meng	140.00
Selvarajah a/l Thangaveloo	100.00
IMO Peter Chow Kok Yooi	100.00
Lee Sai Mooi	100.00
Nathan Subramaniam Eliatamby IMO Subramaniam Eliatamby	2,000.00
Tan Poh Lan	100.00
Kinta Amitabha Buddhist Society, Perak	200.00
Wong Hon Kai IMO Chow Ah Moi	500.00

NOVEMBER 2006

Names	RM
Julit Mary	100.00
IMO Chung Lee Sean	500.00
Zainuddin b Md. Eusoff	50.00
District Grand Lodge Of The Eastern Archipelago	10,000.00
WW Lum Trading	1,500.00
Soon Lay Chin	100.00
Khoo Lay Peng	120.00
Yowan a/l Tangam	100.00
Deong Thay	100.00
Wong Ah Lek	2,000.00
IMO Wong Siew Ling	100.00
Pan Malaysian Pools Sdn Bhd	5,000.00
IMO Chang Hup Wye	532.95
Kinta Amitabha Buddhist Society, Perak	200.00
Chen Chok Yin	100.00
Leong Oi Leng	100.00
Sim Mei Wah	100.00
Loh Ming Eng	100.00
Yasmin Abd. Rahman	100.00
The Perak Turf Club	5,000.00
IMO Ong Keng Hooi	500.00
Harpajan Kaur	251.00
Simcad Pty Ltd	100.00
Melidia Alymann Kamarulzaman	200.00

DECEMBER 2006

Names	RM
Tan Choon Beng	100.00
IMO Mary Chan Mei Lai	800.00
Leong Oi Leng IMO Ng Siew Yong	140.00
Singaravadelu a/l Meyappan Ambalam IMO Renuka Singaravadelu	100.00
Ong Hean Seng	200.00
Fung Yik Pun	1,000.00
Lee Mee Ling	100.00
Liew Foong Chow	100.00
Napier Lodge	250.00
Lee Wai Lum	50.00
Mdm Saw San	100.00
Dato Dr Sushil K. Rathi	100.00
Hor Voon Leong	100.00
Joanne Khi IMO Khi Ying Khong	1,000.00
Leong Kin Yue	100.00
Lee Oi Loon and friends IMO Mary Chan Mei Lai	10,000.00
Ng Chiu Hoong	100.00
Tan Kooi Hoon	100.00
Tan Koon Kaw	100.00
IMO Koo Pik Wah	200.00
Mdm Yew Lee Chin	200.00
IMO Chan Sow Leng	500.00
Melidia Alymann Kamarulzaman	500.00
Chau Sau Lai	120.00
Kinta Amitabha Buddhist Society	250.00
Perak Automobile Workshop Owners' Association	12,000.00
Lai Yuen Sang	100.00

We thank all our donors for their generosity. As PPCS is a non-governmental agency, it relies substantially on the financial support of the general public. If as a reader of this newsletter, you wish to donate something to the Society, or you know of anyone who might be interested in doing so, please direct your personal donation or inform them to contact the Honorary Treasurer at:

PPCS, 14 Lebu Woods,
Canning Garden, 31400 Ipoh, Perak.



THANKS

*Promoting the
Spirit of Care*